Having a child on a different path to typical children can be extremely lonely.

## Nurture Groups

are intimate online circles of **SEND parents**, meeting for 8 weeks to find belonging, support and space to process the big emotions. All welcome, whatever stage you are at and whether your child is medically complex, neurodivergent, physically disabled or prediagnosis.

Next groups start in January 2022 Mondays 10–11:30 am and Wednesdays 10-11:30 am and 8-9:30 pm

Taster session 10th Jan 8:30-9:30

The course is facilitated by a therapist and a community worker/SEND parent.

