

Dear Parents and Carers,

Helping your child be in school every day this term

Every day in school counts. We have noticed a rise in absences for illness this term, so we want to share some advice from the NHS and the country's leading doctors to help you decide when your child is well enough to come in.

Your child should come to school with:

- a minor cough or cold
- a runny nose
- a sore throat

These are the most common reasons students have been absent from BBA this term. In most cases, a child with these symptoms is well enough to be in school and learning.

Your child should stay at home if:

- **They have a temperature of 38°C or above.** Please send them back as soon as it has gone.

For advice on other illnesses, see the full NHS guide, "Is my child too ill for school?", here: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Worries and anxiety: It's normal for young people to feel worried sometimes, and this can show up as tummy aches or headaches. Doctors advise that staying at home often makes worries about school worse, not better. If your child is anxious about coming in, please talk to us. We would much rather help early.

If your child is absent, please call the school on 0117 377 2700 on the first morning, and each day they are off.

Missing just one day a fortnight adds up to four weeks of lost learning across a school year. We want every student at BBA to get the full benefit of their education, and we know we get there by working together with you. If anything is making it hard for your child to attend, please contact your child's Year Team, all details can be found on our school website - <https://bristolbrunelacademy.clf.uk/contact-us/>

Thank you for your support.

Yours sincerely,

James Ferguson

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Working in partnership with:

