

Bristol Brunel Academy

Termly Newsletter

May 2023



GOOD
LUCK
YEAR
11

Year 11 have started their exams this term and continue them into Term 6. They are working incredibly hard and at BBA we are all wishing them the best as they continue next term.

This Term

Ramadan: Staff Fast

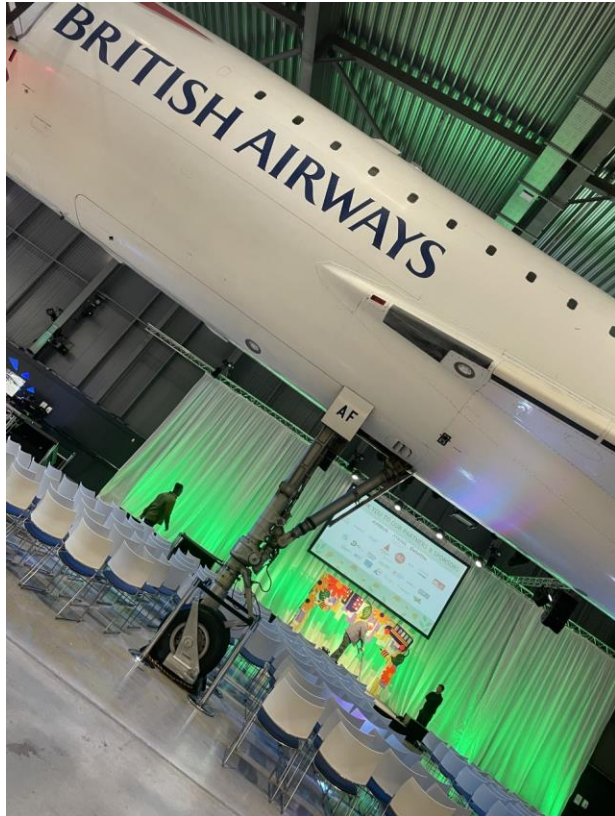
A large number of our staff undertook a fast on the final day of Ramadan so that we could experience what our Muslim students and staff had gone through for the previous 27 days. It was certainly challenging, with the majority of staff stating that they found the lack of water the most difficult part.

Thorpe Park Trip

This term we took 170 students from Years 7 to 10 to Thorpe Park. The students were chosen based on the number of BBA Badges they achieved, recognition for following our culture on a regular basis. Students represented BBA in an impeccable manner and we were incredibly proud of how they behaved on the day. The students had an amazing time, with very few queues, allowing them to go on as many rides as they wished. We are looking forward to next year's trip and will announce criteria in the 2023/24 academic year.



This Term



West of England Metro Mayor School Summit

This term Cicely & Denzel (Year 10) went to Aerospace Bristol to represent BBA at the West of England School Summit. This was based in the hangar in which one of the Concorde planes is housed (see photo). During the day they were part of group that met with some of the region's leading thinkers and employers involved in transport, the environment, community support and leaders. Denzel presented on the stage seen in the picture. The students both networked with professionals in their own free time and managed to secure themselves work experience through chatting to the professionals. They were both also identified as the most natural students on camera and filmed several interviews with various companies. Miss Harvey (Year 10 Pastoral Support Assistant) led the trip and said: "both students represented the academy in a professional and enthusiastic manner."



Nqco W in Year 10 has been selected as a finalist for the Bristol Young Heroes Award for the category of 'Action Hero'. Nqco was nominated by myself and the rest of the year team for his commitment to learning following the death of two of his cousins. The award ceremony will be on 16th May at City Hall and Nqco will be in with the chance of winning the award - he went through 3 rounds of judging panels so it's amazing he has made it to one of the 3 people who could win! Regardless of whether Nqco wins the award or not, he will be set up with youth mentoring and career mentoring with any selected professional of his choice and they will work with him and guarantee a job with him providing he gets the grades needed! We're very proud of Nqco!

Miss Harvey (Year 10 Team)

This Term

BBA Mental Health Team Update

As part of Mental Health Awareness Week, there was a series of pop-up information giving sessions for students during period 1 for the week, signposting student's to different website's. There was also a tutor time slot specifically focusing on BAME mental health prepared by Zack Henry Fresh Start Mentor as well as assemblies on strategies to cope with anxiety.

On Friday 5th May BBA held a Parent Coffee morning to provide an opportunity for parents to speak with the Counsellor Zakera Chowdhury regarding Anxiety. This was the second event like this and we hope to make this a termly event within our calendar.

Due to the Academy Links with the Schools and College Early Support Service, all students can access different webinars on specific areas of mental health and wellbeing.

**Mental Health
Awareness Week
15th -21st May 2023**



This Term

CLF Big Run & Big Walk

More than 200 colleagues from across the Cabot Learning Federation (including several from BBA) participated in a series of challenges to raise money to support the trust's most vulnerable pupils.

More than 60 team members put months of preparation and training to good use by tackling running events, with groups competing in the 10k and half marathon at the Great Bristol Run, and others completing the scenic 13 miles of the Weston Super Half.

Meanwhile, some 140 walkers took a trip to Wales to climb Pen y Fan in the Brecon Beacons, a four-mile walk and 2,906ft ascent amid stunning scenery. Behind each of these challenges was an important cause, as the runners and walkers combined to raise money for a trust initiative to support disadvantaged students.

The CLF Big Trip is an action-packed summer adventure in Abergavenny for 72 of the trust's most vulnerable pupils.

It's an opportunity for pupils to enjoy a range of outdoor activities they have not previously experienced – all paid for by the efforts of the CLF team.

CLF Executive Principal Kate Richardson, who leads the trust's Big Events, said: "We were thrilled to see a record number of people taking part in the CLF's Big Walk and Big Run this year, which is testament to the wonderful spirit and camaraderie within BBA and across our trust.

The efforts of our runners and walkers will help to provide a truly once-in-a-lifetime experience for dozens of our most vulnerable students this summer. So huge congratulations to all those who made it to the finish line in Bristol or Weston, or to the top of Pen y Fan. It was a terrific achievement, and we are immensely proud of every one of them."



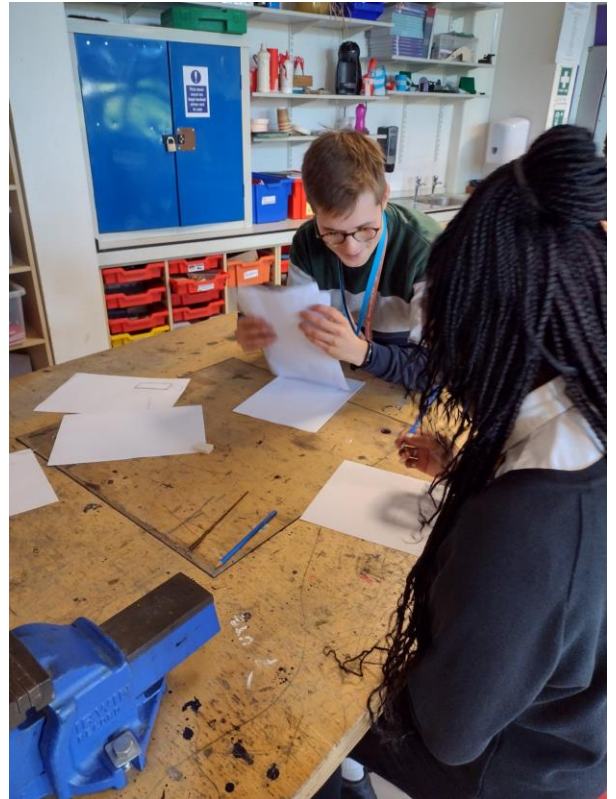
THE
Big
Run and Walk



This Term

This term we hosted 4 Dyson Engineers who ran workshops for our Y10 Engineering students. They talked about how James Dyson produced over 1000 prototypes before he took his DC01 vacuum cleaner to market. They also talked about careers in Dyson including apprenticeships. Students had to design and then build their own air filtering device out of Dyson parts. They then had to feed back their designs to the rest of the class.

dyson



This Term

Safeguarding

Our Designated Safeguarding Lead was invited by colleagues at Bristol City Council to share BBA's good safeguarding practice at an event marking the launch of a new resource for professionals supporting Child Sexual Abuse victims.



Term 4 Leaders

Shafia M – 8A1
Harrison B – 8A6
Niko O'B – 8A9
Kye L-W – 8S7
Lacie H – 8S8
Mariame W & Courtney M – 8M2
Arez I – 8M3
Isaac P – 8M5
Alisha K & Isaac – 8R4
Will P – 8R10

Tutor Leaders

Year 8 Tutor Leaders

Mr Ferguson would like to praise the tutor leaders in Year 8. They have each done an excellent job in supporting their tutor group in preparing for school. A new set of students has now been chosen to continue the role and share the leadership.

Term 5 Leaders

Lilly P – 8A1
Eleanor M – 8A6
Denis P – 8A9
Felix M – 8S7
Gurnaik S – 8S8
Mustafa Z & Muhammad Y – 8M2
Maia D – 8M3
Jahmareon B – 8M5
Tamsine B – 8R4
John G-S – 8R10

DETAILS OF THE ROLE:

This is a very important role.

You will be responsible for ensuring:

- o Your tutor group is in a straight line.*
- o Everyone in your tutor group has a reading book.*
- o Everyone in your tutor group is in perfect school uniform.*



Next Term

Update from Liz Tinknell, Head of Governance

Having previously held the post of Senior Operations Manager at Hans Price Academy, I was delighted to be successful at interview for the position of Head of Governance for the CLF. This is a new role for the Federation which has allowed me to take the opportunity of really digging into all things Governance and work with the team to move this area forward, streamline processes and review the current structures in place.

Working with the Governance Team has really opened my eyes to the dedication of our **200+ governance volunteers** and the impact they can have on our children's educational journey.

What does it mean to be an Academy Councillor at the CLF?

- It is a **rewarding role** working towards a shared goal of providing a high-quality education for the children and young people in our communities
- There are **6 Academy Council Meetings a year**, one each term. Meetings are usually around 2hrs and are typically held between 3pm and 7pm. You will be provided with an information pack to read ahead of the meeting.
- Meetings are chaired by the **Chair of the Academy Council** following an agenda with all councillors given the opportunity to ask challenging questions about the running of the school. The clerk to governors will take minutes at the meeting recording key decisions.
- Being a councillor provides **an opportunity for personal development**, building your skills and experience working as part of a leadership team
- The Academy Council meet once a term, but **also visit our schools** to see them in action and meet with school leaders

Outstanding local Governance is vital to the success of our Academies and we are looking for volunteers like **YOU** to join our teams.

Over the coming weeks and months, we will be including articles from some of our Academy Councillors as they talk about their experience being a Governance Volunteer.

We would be delighted to hear from you if you are interested in joining our team. Please contact Charlotte, our Governance Coordinator to discuss further.
Email Governance@clf.uk

As a member of our Governance Team, you will

- Get a chance to use skills you have developed during your working life
- Be involved in the strategic decisions and future direction of the school
- Increase your skills and knowledge in teamwork, negotiation and problem-solving
- Increase networking opportunities by being part of the wider community

We will provide members of our Governance Team with

- Comprehensive induction
- Leadership opportunities
- Dedicated training and development opportunities
- A place at our Annual CLF conferences



Equity Through Education

Nian – Race for Life

Nian (pictured on the right) is a BBA student in Year 7 who is taking part in the 5K race. He is running in memory of his dad who sadly passed away 5 years ago. Lots of Nian's family are taking part including his mum, sister, cousins and all his aunties.

Please (if you can) donate to this amazing cause, link here:

[CLICK HERE TO DONATE](#)

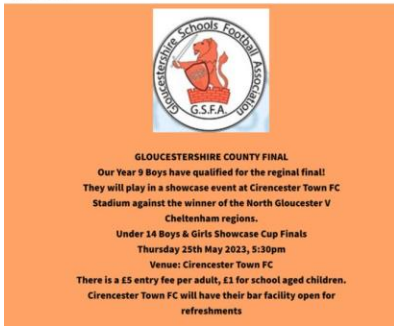
GOOD LUCK NIAN!



BBA Social Media

Bristol Brunel Academy
Published by Laura Smith · 4 d ·

Well done to our Year 9 boys for reaching the Final! Everyone welcome to go along and support! @glosschoolsfa



Bristol Brunel Academy
Published by Laura Smith · 4 May at 15:21 ·

BBA Student Council chose 5 new Wall of Wishes plaques to update earlier this year. There was much deliberation before the final 5 were chosen. Can you spot the new ones in the entrance to the school?



Bristol Brunel Academy
Published by Laura Smith · 6 d ·

Wishing all of our Year 11 students good luck as they start their GCSE Exams this week. You got this!



Bristol Brunel Academy
Published by Laura Smith · 6 d ·

Year 11 Exams and Important Dates has been emailed home and can be found on the website https://bristolbrunelacademy.cf.uk/_/year-11-exams/



Bristol Brunel Academy
Published by Laura Smith · 28 April at 12:41 ·

This week the first of our Bronze DofE groups went on their expedition. They were wet, cold and tired but still in good spirits! Hopefully the weather will improve for the next two expeditions, planned over the coming weeks! @cabotlearningfederation



Bristol Brunel Academy
Published by Laura Smith · 3 May at 14:07 ·

West of England Metro Mayor School Summit
This term Cicely & Denzel (Year 10) went to Aerospace Bristol to represent BBA at the West of England School Summit. This was based in the hangar in which one of the Concorde planes is housed (see photo). During the day they were part of group that met with some of the region's leading thinkers and employers involved in transport, the environment, community support and leaders. Denzel presented on the stage seen in the picture.
Bo... See more



BBA on Social Media

This Term we have posted lots of useful and fun information on our social media pages.

To be kept up to date with events, celebrations and communications from the Academy please like and follow our pages.



https://www.instagram.com/bristol_brunel_academy/



<https://www.facebook.com/BristolBrunelAcademy/>



[@bristolbrunel](https://twitter.com/bristolbrunel)

We will continue to use phone, text and email as our main means of communication between the Academy and home, please ensure that you keep us up to date with any changes in contact details. Please do not Direct Message social media platforms as these will not be monitored. Please continue to use the email and phone numbers for the Academy if you wish to get in touch.

Careers

Envision

We took two Year 9 teams to the Envision final on 10th May. The students pitched their social action presentation with a heavy emphasis on tackling bullying.

The student's did fantastically well and presented to a high quality.

We missed out on the big prize, although one of the mentors that worked with the St James Place cohort won mentor of the year.

A huge thank you to St James and Babcock who provided the employer mentoring.

Work Experience (Year 10)

We are completing the final checks for work experience with most students completing the work week commencing 12th June. Please encourage your child to pay close attention to their school emails in the next few weeks.

Post 16 for Year 11

All year 11 students are in full examination mode, but they may also be anxious about next year.

I will personally be around until the end of term and on results day if your child has any concerns, achieved better grades than predicted or missed out on the entry requirements.

If any parents/carers have any concerns, please do not hesitate to contact me via email at school.

Student and Parent voice

As part of our commitment to offer all of our students an enriched and meaningful careers education I will be sending out some surveys to give students, staff, parents and carers the opportunity to feedback.

A link will be sent home in term 6 to complete.

For any careers questions please feel free to email Mr Craig Jordan, BBA Careers & Employability Coach, at craig.jordan@clf.uk

NCS for Year 11



NCS for Year 11

NCS 2023 is back and bigger than ever. All year 11 students have the opportunity to take part in the National Citizenship Programme. This package is can be accessed for a maximum of £95.

For those eligible there are places fully funded or heavily discounted. Please use the QR code or contact NCS to discuss.

Please see a link to the You tube information video

<https://www.youtube.com/watch?v=hLXTLmyVJXc>

Get in touch

If you'd like to have a chat about NCS experiences or have a question, you can call us on 0800 197 8010 or email us at askncs@ingeus.co.uk

You can follow NCS and Ingeus on social media.



[WEARENCS.COM](https://www.areasncs.com)



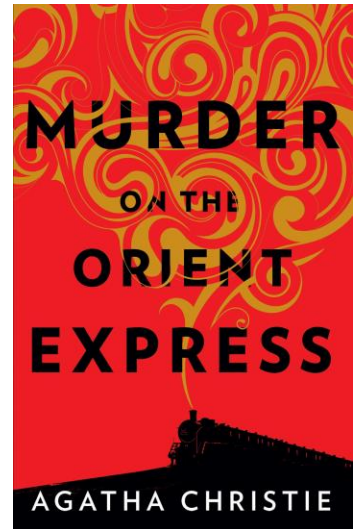
For any careers questions please feel free to email Mr Craig Jordan, BBA Careers & Employability Coach, at craig.jordan@clf.uk

Reading

When I was at school my favourite book was...

Mr Fraser

My favourite book as a young teenager was **Murder on the Orient Express** by **Agatha Christie**: I was always interested in murder mysteries because I really enjoyed the puzzle elements and trying to figure out everything from the clues and characters. I also didn't really go on any holidays abroad when I was younger, so I valued books that were set in other countries - as it was a way of travelling without moving.



A Book Review by (first name) Adaeze Tutor 3987

Your star rating for the book: ★★★★★

Title: A good girls guide to murder Author Holly Jackson

Characters: Who were the main characters? Did you like them? Why?

Why not?

Pip and Ravi. They are amazing I love them. They are like me. + she is very smart and loves murder mystery's.

Plot: What happens? Can you give a basic outline? What is the main difficulty / challenge the characters had to overcome?

Pip has to cover something 4 her A levels and she picks the case of Andie Bell. She believes that the convicted murderer didnt actually kill her.

Your Opinion: What did you like about the book?

What was the best bit? Was it scary? Funny?

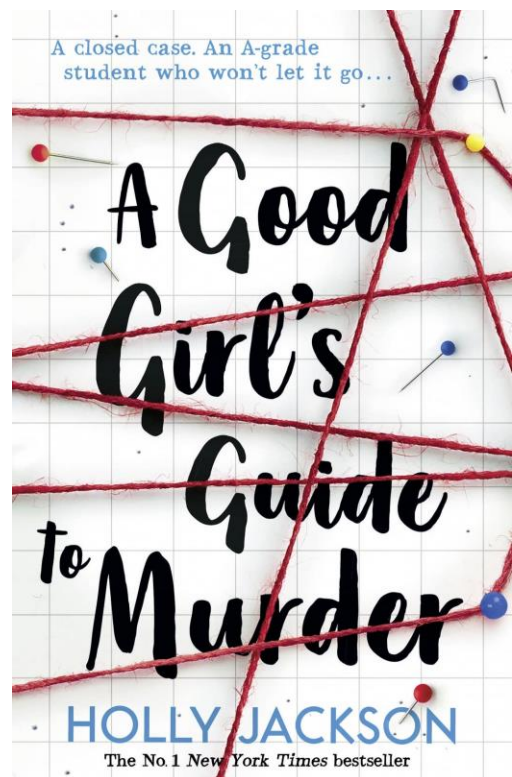
Sad? What did the book make you think about?

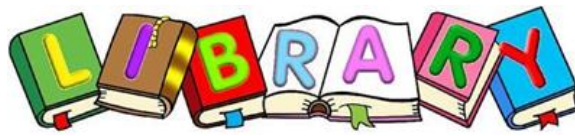
I loved it because it was a dective story that had many twists and turn. The best part was when Pip had to pic found out the murdered

Recommend...

Who might like to read this book?

Everyone. Teen Girls True Crime Lovers Me Women Everyone.





Word Millionaires!

Congratulations to:



Y7s

Izi, Hashim, Adam, Ayaan, Isabella, Manha, Ranu, Muhammad-Qasim, Uswah, Muhammad-Amin, Jaimin, Aariz, Muhammad, Aoife, Mischa, Ava, Sufian, Hanan, Felix, Muhammad-Mustafa, Kitty, Isabella, Kailen, Yasmin, Rajan, Naina, Zain, Ava, Savannah, George, Ayesha, Sophia, Iona, Iris, Hadiya and Alice.

Y8s

Lacie, Sidney, Sheldon, Jacob, Muhammad, Belle, Ayesha, Esosa million+

Congratulations to our **TOP SCORING**

Year 7s since January 2023

Izi passed 121 quizzes

Jaimin passed 110 quizzes

Muhammad-Qasim passed 95 quizzes



and **Year 8s**

Jacob passed 34 quizzes

Sheldon passed 33 quizzes

Will & Ryan passed 31 quizzes

Jamie passed 30 quizzes



MAY is - Mental Health Awareness month



Hunger Games

W S I P D W K D F S F H W N E X W J S L R Y H L
O G K Z O O A X E X O C U V A R E N A A T Z W
N S Z B G O U I H G J J G P A M S N Z W Z A O Y
Y Z O H G B R Z N F T V K E V D B K T B F S K F
X K T P L R S A C V N M Q Q O C J S Z W Y A C U
Z N A N E C D M K G P Q J L X W P Q S O Y I N F
Z S K B W R E Q L O N E U G I D V C C J B Y A T
I O R T H D S N N E Y A K P S T E T D H N X K G
W S T A N T H E M D B T S N O I T C E S L R U E
X Y V R J H U N T I N G X W M D T X L A E L W W
R W L U P H U R M N U F B Y Z P I H Z C X Y S B
E W X G A L E L Y X S G F Z O U S H U G M I M
C Q F Z R W C T J C A N N O N H K H T O O H V I
R L W A Q W R P Q T S I G V S H D J R R G C M A
U A V W C R S T H D D E X B U I H G W Y I G S Y
P T Y Q N B B P C D F P C M X A Y N W K X C C D
C I P E T A R I J P W F Y W Q A V U Q M A B T S
I P Z M O C K I N G B I R D D X R R W I V H U O
D A O D D R E G N U H M K L M O C K I N G J A Y
I C K C X L S V M Q W W G L L V P T W X D N Q P
X Z Q P Q H D G J X O Z O O C Z O J E E D M H T
Q T A C Y L D O N N U F K A T I N I S X Z Y A D
W O S X K I X H S C E U Q A I Z Q U R J O N X J
A S N S Y U S U D W P T N J N G N M B P X W V H

Rue	Prim	Mocking Jay	Anthem
Cannon	Berries	Kato	Gale
Peta	Hunting	Hunger	Avoxis
Sections	Arena	District	Snow
Bow	Katniss	Mocking Bird	Capital



The Library is now open at break/ lunchtime

check the timetable on the library door

...and after school for homework/ quiet study

Also, try these great sites for some online reading:

<https://www.worldbookday.com/online-masterclasses/>

<https://manybooks.net/>

<https://library.thenational.academy/>

House News

Coming up in Term 6

Rewards day- The inflatables will be back for the house winners and wildcards.

House tasks covering Pride, Women's World Cup, Sports day, Transferable skills, Student rep.

Competitions - In PE, Sports day and shoot for hoops.

The house cup still is up for grabs in Term 6

Curriculum Competition – Design a Coin

We have already started seeing the roll out of the new coins with King Charles III, So we asked the students to design their own coin faces.

We had some fantastic artwork with most opting to include the newly crowned King within their designs.

Congratulations to Stephenson for the most entries.

Student reps For 23/34

We will be reopening sign up for student reps next term. Years 7-9 will need to complete a Microsoft form which will be shared on Show my homework and the reps will be selected by the house team.

Year 10 students wishing to put themselves forward for house captain or deputy house captain you will also complete a Microsoft form and will have a short informal interview for the position.

More information will be shared in assembly and tutor time.

Term 5 Total

Amika	2008
Malala	2375
Rashford	1900
Stephenson	2430

**Well done to
for being Term 5
Winners Stephenson**

House Curriculum Competition – Technology

This term the house competition was to design a house cup which we will print on the 3D printer. There were many amazing entries but Iqra (Year 10) in Rashford house won the competition.

Tutor Time House tasks:

17th April – Ramadan & Eid

24th April – Earth Day

15th May - Coronation

22nd May – Deaf Awareness

Malala
House



Save the Children



Stephenson
House



Rashford
House



Amika
House



Attendance is Key

More time in school = More time learning!

% Attendance	Attendance group	Days attended in a year (195 days)	Days absent per year	Days absent per month	Total missed days during secondary school
96%	Good Attendance	187	8	1	40 days
90%	Concern	176	19	2	Half a year
80%	Chronic poor attendance	156	39	4	A whole year
Less than 80%	Severe Chronic poor attendance	Less than 156	More than 39	More than 4	More than a whole year

Good school attendance is **ESSENTIAL**
It means better **grades, stronger friendships and improved social and communications skills**. It can also mean better job prospects and opportunities in the future

Be on time

Be Ready to Learn

Plan Ahead

Students should arrive at 8:20 to be ready for morning registration

Students are expected to have the correct uniform and equipment

Students should book any appointments outside of school hours

Need support?

Contact bbaattendance@clf.uk

Attendance is Key

Attendance initiatives:

Back in February, BBA conducted a student absence survey with Parents/Carers and students. The key findings were:

- 69% of parents want to be updated on attendance termly.
- Students saw the top 5 reasons for absence as: Serious illness; minor illness; doctor's appointments; anxiety and being too tired for school.

To support with these BBA has:

- Sent termly attendance updates home
- Shared information with parents around school attendance and illness.
- Tutor time sessions around illness and health
- Mental health work and signposting to students via tutor times.
- Techniques to support students experiencing anxiety/anxious thoughts
- Parent coffee mornings to support parents of students with anxiety.
- Sleep hygiene work completed with students to aid a healthy sleep routine.
- Information around blue light and sleep shared with students.
- Letter shared with parents/carers around sleep hygiene and signposting to the teen sleep hub.

Support for Parents/ Carers:

[Parents & Carers - Teen Sleep Hub](#)

[Supporting A Child With Anxiety | Tips & Advice | YoungMinds](#)

[Anxiety in children - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Need support?

Contact bbaattendance@clf.uk

Modeshift Stars

At BBA we are committed to improving the environment and our young people's physical and mental health.



Y8 and Y9

Y7, Y10 and Y11

Entrance and exits

Pedestrian Crossing

We are embarking on the Modeshift Stars award to support sustainable transport to school. Students reported that transport issues were the 6th most common reason for absence. Sustainable, safe transport will be a focus for the academy in the coming term.

We will be looking at:
Sharing safe and sustainable routes into the academy.
Pedestrian and Cycle safety
Bike maintenance/skills
The academy's impact on air pollution



- Buses that will get you to Bristol Brunel Academy from the City Centre are No. 6/7 (you can also use 42/43/44/45).

E-Safety

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about **DISCORD**

Discord is a free app which allows users to communicate in real time via text, video or voice chat. Available on desktop and mobile devices, it was originally designed to help gamers cooperate – but has evolved into a more general networking platform for a range of online communities, discussing topics like TV series, music, Web3 and more. Discord is organised around closed groups, referred to as 'servers'. To join a server, users must be invited or provided with a unique link. It's a space for users to interact with friends, meet others with shared interests and collaborate privately online – but it's also a place where young people can be exposed to risks if the right precautions aren't taken.

AGE RATING

13+

Servers and channels marked as 'NSFW' require users to be 18 or older to join.

WHAT ARE THE RISKS?

CYBERBULLYING

Discord's easy accessibility and connectivity, unfortunately, makes it an ideal place for cyberbullying to occur – especially as audio and video streams disappear once they've ended, meaning that bullying could take place without leaving any evidence. Closed groups can also be created, giving young people the opportunity to exclude their peers or send cruel messages without adult oversight.

DIFFICULT TO MODERATE

Like many private communication apps, Discord's real-time messaging can be difficult to control. The system enables content moderation through each individual server – so different groups can set their own rules for what's acceptable, and some groups may not monitor for unsuitable content. Anything that happens in an audio or video stream is also virtually untraceable once the stream has concluded.

INAPPROPRIATE CONTENT

Discord mainly hosts private groups, making it easier for unsuitable or explicit content to be shared on channels. Pornography, racism and inappropriate language can be found in some groups. Server owners are required to add an age-restriction gate to channels where 18+ content is being shared – but this solution isn't foolproof, as the platform doesn't always verify users' ages when they sign up.

ACCESSIBLE TO PREDATORS

On many chat platforms, users can lie about their age or true identity – and Discord is no exception. Predators have attempted to abuse the platform by using it to contact and communicate with underage users – by initially chatting with a child on an age-appropriate channel, for example. While Discord has improved its safety settings, some users will still try to bypass them for malicious reasons.

CRIMINAL ACTIVITY

Discord does have strict Terms of Service and Community Guidelines to protect its users – but, sadly, not everyone adheres to them. Criminal activity including grooming, hate speech, harassment, exploitative content, doxing and extremist or violent material have all been found on Discord servers over the last two years. In 2020, Discord received almost 27,000 reports of illegal activity on the platform.

Advice for Parents & Carers

REVIEW SAFETY SETTINGS

Discord has a series of safety settings, enabling users to choose who can direct message them or send them friend requests. Your child's experience on Discord will be much safer if the app's privacy and safety settings are configured to only allow messages or friend requests from server members. This will minimise the chances of potential predators from outside the group contacting them.

EXPLAIN AGE FILTERING

While Discord requires users to be at least 13 to sign up, many servers geared towards older users are flagged as NSFW (not safe for work), which indicates they probably contain material that's inappropriate for children. It can be easy to click through settings without properly reviewing them, so ensure your child understands why age filtering is important and that it's there to protect them.

SCREEN OUT EXPLICIT CONTENT

In the privacy and safety settings, Discord users are offered the ability to filter direct messages for inappropriate content: a setting that should be enabled if your child uses the platform. Discord automatically tries to flag images that are explicit, but the setting must be manually enabled for text. If a young user is sent explicit content in a direct message, Discord will scan and (if necessary) delete it.

MONITOR ONLINE ACTIVITY

It's wise to regularly review your child's activity on Discord. This can include checking their safety settings to ensure they're correctly enabled, talking about which servers they've joined and reviewing some of their friends and direct messages. Ask if anything has made them feel uncomfortable or unsafe. Things can change quickly online, so plan routine check-ins and follow up frequently.

DISCUSS GOOD ONLINE BEHAVIOUR

The anonymity offered by the internet often leads people to communicate more openly online and behave differently than they would at school or home. It's crucial to bear in mind, though, that every internet user is still a real person. Talk to your child about the severe and lasting consequences that cyberbullying or exchanging inappropriate material online can have in the real world.

HAVE CANDID CONVERSATIONS

It can sometimes be awkward to discuss topics like grooming, pornography, racism or explicit content with your child – but it's important to ensure they're aware of the harms these things can pose. Talking openly about these subjects is a great way to help your child feel more comfortable about coming to you if they experience an unwanted encounter on Discord (or anywhere else online).

Meet Our Expert

Coral Cripps is a Canadian-born, London-based tech journalist at gmv3.com: a website specialising in all things Web3, gaming and XR (extended reality). With a focus on brands and culture, she researches and writes about the ways that our current innovations – including the metaverse and Web3 – are impacting people, places and things.



National Online Safety®

#WakeUpWednesday

Source: <https://www.offensivemagazine.com/post/angers-of-discord-5-steps-to-keeping-teens-on-popular-chat-app/> <https://support.discord.com/hc/en-us/categories/360000016333-how-to-use-discord> and <https://www.theguardian.com/technology/2020/dec/16/discord-safety-settings>



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June

The sun is rich
And gladly pays
In golden hours,
Silver days,

And long green weeks
That never end.
School's out. The time
Is ours to spend.

There's Little League,
Hopscotch, the creek,
And, after supper,
Hide-and-seek.

The live-long light
Is like a dream,
And freckles come
Like flies to cream.

Ping Pong Percentages Puzzle

Arun and Disha played several games of table tennis. At five points during the day, Arun calculated the percentage of the games played so far that he had won. The results of these calculations were exactly 30 per cent, exactly 40 per cent, exactly 50 per cent, exactly 60 per cent and exactly 70 per cent, but not necessarily in that order. What is the smallest possible number of games they played? Here's a hint - Arun wins one of the first two games.

Email answers to David.Busby@clf.uk




Support

Bristol Parent Carer Forum

The Basecamp calendar is being used by a number of SEND organisations throughout the city. It's a one stop shop for SEND parent carers and CYP to discover what activities and events are available. It is managed by BPC [Events – Bristol Parent Carers](#) but is also on the [Bristol's SEND Local Offer](#).

Below is one of the many days of support they offer:

Saturday, 27 May

09:30	 Hartcliffe City Farm Weekend helpers Age 8-12 years BS13 0QH Booking required (R)
10:00	 Incredible Kids Quiet Session The Vench BS7 9TB Booking required www.bristol SEND support.co.uk/IK
11:45	 Incredible Kids Incredible Saturday (all ages) The Vench BS7 9TB Booking required www.bristol SEND support.co.uk/IK
13:30	 Incredible Kids Incredible Saturday (all ages) The Vench BS7 9TB Booking required www.bristol SEND support.co.uk/IK
15:15	 Incredible Kids Incredible PDA The Vench BS7 9TB Booking required www.bristol SEND support.co.uk/IK



SEND AND YOU ACTIVITY May-July 2023

Any queries contact us on
mail@sendandyou.org.uk
0117 9897725

**Evening & Morning
ONLINE SEND surgeries**

School Visits

Fri 19th May
St Bonaventure's
RC Primary School

Weds 24th May
Cheddar Grove
Primary School

Friday 26th May
Two Mile Hill
Primary School

Drop in Sessions Symes Resource Centre

ALL 12:00 -1:30

Thurs 11 May

Thurs 8th June

Thurs 13th July

Accessible,
heated
building, toys
for pre school
children

**Bristol
Evening
Surgery –
Tues
16th May**



**Bristol
Daytime
Surgery –
Weds
14th June**



**Bristol
Evening
Surgery
Tuesday
11th July**



SEND and You
Website



Support

FLORA

(Families, Local Offer, Resources and Advice)



Unsure where to get support?

FLORA (Families, Local Offer, Resources and Advice) provides information, advice and signposting to support for families who are in the early stages of identifying that their child may have additional needs. The FLORA team can help families navigate the services and support that is available to them, their family and child.

If you have any questions, contact the team

Call: 0117 352 6020

Email: FLORA@bristol.gov.uk

Local Offer: <https://www.bristol.gov.uk/web/bristol-local-offer/advice-and-support-for-parents-and-carers>

 **Bristol's SEND
Local Offer**



[CLICK HERE OR THE POSTER FOR MORE INFORMATION](#)

Support

PE Kit Donation

If your child is in year 11, and will no longer require their PE kit, the PE department would be really appreciative of any spare kit donations including clothing and footwear.

Many Thanks



Food Donations

We continue to support our families in need with food hampers. If you can contribute, please drop off the food at reception.

Many thanks.



Uniform Donations

If your child has grown out of their uniform, or no longer needs it, please drop this into reception to allow us to donate and support other students and families.



Bristol City Council – Relationship Support

Relationship quality is an important factor in all families whether you are an extended family, adopted family, step family, same sex family or grandparent family.

Conflict in relationships is part of everyday life but conflict which is frequent, intense and poorly resolved can lead to distressed relationships and have harmful effects on children

Bristol City Council have a range of resources, support and courses that can help with the above.

[PLEASE CLICK HERE FOR MORE INFORMATION](#)

BBA Website for Positive Mental Health & Wellbeing

The BBA website has lots of resources in relation to Positive Mental Health & Wellbeing. It also has lots of links to other websites so that we can continue to support our young people with these issues from home and school.

[CLICK HERE](#) for the website page.



Mental Health
and Wellbeing

Enrichment



THE DUKE OF EDINBURGH'S AWARD

The past three weeks have been full of amazing Duke of Edinburgh expeditions. This involves a lot of walking and camping overnight in tents. Some pupils have been given the opportunity in Bronze DofE to do two days walking with a night camping. Whilst others in Silver DofE have had two days walking with two nights camping. We have had some testing weather like cold nights and relentless rain, then to a bright sunny day with plenty of suncream applied. The expeditions are to go towards the gaining of the Duke of Edinburgh award, which is a massive achievement. During the walk the pupils have had to be out in a natural environment on their own for periods of time navigating themselves using a map and compass. Then they have learnt how to cook on a Trangia and put up a tent all by themselves. We are so proud of them all and can't wait for the Silver DofE final expedition in July.



Year 8 Students

You will get the opportunity to do this next year. Speak to Miss Jackson for more information.

Enrichment

Club – **STEAM Club**

When – **Friday 3 - 4pm**

Where – **FS9**

CLUB FOCUS

STUDENT
VOICE

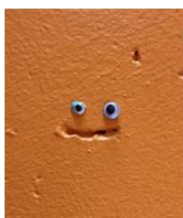
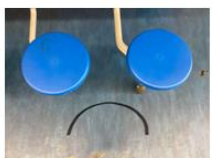
In S.T.E.A.M club this term we have been looking at the creative side of science. One of the main things we did was studying pareidolia. One aspect of pareidolia is when we see faces in inanimate objects. To study the effects of pareidolia we searched around the school for things we could experience pareidolia from by simply adding googly eyes. We then looked at recent scientific research into unconscious bias. After we named our googly eyed characters, we learned that we mostly saw our characters as masculine as opposed to feminine or gender neutral which is what the research predicted.

In another week we got to see if we are more creative than the artificial intelligence bot, ChatGPT, which we saw was true. We used the Divergent Association Task where we had to think of 7 random nouns and compare them to the rest of the class (Lois was the most creative in this test).

We also looked at the psychiatrist Rorschach. Rorschach argued that inkblots could be used to analyse people's personalities. We created our own inkblots using paint and paper and did some research to see if this is pseudoscience. We learned that we experience pareidolia when viewing inkblots but the idea that they tell us more about our personalities is widely discredited.

Lois & Florence (Year 7)

Pareidolia



Enrichment

The Term 6 Enrichment

Day	Enrichment	Years	Time	Where	Who
Mon	Tennis	All	3:15-4:15	PE	PE
	Duke of Edinburgh	Year 9 - Bronze Year 10 - Silver	3:15 – 4:15	SC3	Miss Jackson
	Adventurers' guild (D and D)	All	3:15 – 4:15	F7	Mrs Greensmith, Mr Thorne and Miss Stevenson
	Arabicclub	Y7 and 8	3:15 - 4:15	S12a	Mrs Tazaoui
	Textile club	All	3:15 - 4:15	GT7	Miss Simmons and Ms McGregor
	Urdu club	All	3:15 - 4:15	F2	Mr Altaf
	Islamic Art Club	All	3:15 - 4:15	SA2	Ms McBride
Tues	Rounders	All	3:15 – 4:15	PE	PE
	KS4 Art club	Y10 and 11	3:15 – 4:15	SA3	Mrs Taylor-Evans
	Board Games club	All	3:15 – 4:15	S11	Ms Payne
	Debate Club	All	3:15 – 4:15	S8a	Miss Camwell and Miss Minns
	Crochet Club	All	3:15- 4:15	GT7	Quinn
	Film Review Club	All	3:00- 4:15	S12a	Ms Clovis
	Cricket	Year 7 and 8	3:15 – 4:15	PE	PE
	Engaging the Faith	All	Lunchtimes	F6b	Mr de Roemer
	Arts for Wellbeing	Y7, 8 and 9	3:15 – 4:15	SA3	Miss Scholefield
	MFL Club	Y7, 8 and 9	3:15 – 4:15	S2b	Mrs Miles, Miss Walsh, Miss Williams
	KS3 Coding	Y 7, 8 and 9	3:15 – 4:15	SC3	Mr Mead
	Cake Theory	Year 10	3.15 - 4.45 From 2 nd May	GT5	Mrs Soper
	Wed	Arabicclub	Y9 and 10	3:15 - 4:15	S12a
Thurs	Cheerleading	All	3:15 – 4:15	Dance studio	PE and Daisy
	Dance	All	3:15 –4:15	Main Hall	Jackie
	Engineering	Year 11	P7	FC1	Mrs Bush
	Female Football	All	3:15 – 4:15	PE	Mr Rogers
	Lego Club	Year 7 and 8	3:15 – 4:15	S5B	Mr Withers and Ms Martin
	Cricket	Y9 and 10	3:15-4:15	PE	Mr Busby
	World Religion Club and Islamic Geometry	All	3:10-4:00	S5a	Ms Hussain
	Athletics	All	3:15-4:15	PE	PE
	Chess Club	All	3:15-4:15	S12a	Mr Bunker and Mr Fraser
	Juggling Club	All	3:15-4:15	FS9	Mr Campbell
Fri	Table Tennis	All and staff	3:15 – 4:15	Dance studio	Mr Jackson
	Astronomy GCSE	Year 10	3:15 – 4:15	FS5	Mr Smerdon
	Retro Gaming	Y10 and 11	3:15 – 4:15	SC3	Mr Mead
	STEAM (Term Focus: The Science of Creativity)	All	3:00 – 4:00	FS9	Mr Campbell, Ms Forcina and Mrs Burt

Local Enrichment



EarthShip

An eco therapy group for Teenagers

The **EarthShip** is a group for young people who are in their last year of primary up to 13 years old, who are looking for a place to fit and belong. Join us on a **magical** allotment in St George BS5 to:

- ⚓ Learn ways of being with ourselves and the natural world that help us relax.
- ⚓ Make friendships, have fun together, play games and awaken our imagination.
- ⚓ Talk, share and listen to each other while we craft + do other activities around the fire.
- ⚓ Learning to be with and allowing our deeper, more difficult feelings.
- ⚓ Find and act on ideas of how we can give back to the earth.
- ⚓ Mark and celebrate the seasons and rhythms of the year and the moon.
- ⚓ Gardening and growing.
- ⚓ Storytelling to discover who we are and tales that mirror our experiences.
- ⚓ Finding your power animal and animal allies.
- ⚓ Connect with magic in the natural world, the unseen, our sixth sense / animal senses.
- ⚓ Make a relationship with the local animals, birds and plants.

During our time together you are welcome to participate as much or as little as you need. We can also help you to find activities that are just right for you

MORE INFO: <http://wildwoodhealing.co.uk/the-earthship-ecotherapy-group-for-teenagers/>

<https://www.paula-adams.co.uk/earthship>

Where is the group? Parents/guardians to drop off and collect from the allotment in St George BS5. A map and address will be given on booking.

Time & Dates summer term 2023:

4.30pm - 6.30pm.

6 June, 13 June, 20 June, 27 June, 4 July, 11 July, 18 July 23

How to get in contact to book your place:

Olivia: olivia@wildwoodhealing.co.uk 07906 345674

Paula: info@paula-adams.co.uk 07505 062183

JOIN
THIS
GROUP
FOR
FREE

Local Enrichment



BRUNEL
FITNESS
CENTRE

Brunel Fitness Centre
Speedwell Rd.
Bristol, UK.
BS15 1NU



Junior Gym Program @ BFC

Gym Access For 8 to 14 Year Olds

Brunel Fitness Centre Are Proud To Provide Our
Exceptional 'Junior Gym Program' To The Local
Community With Supervised Sessions For Youths.

Only
£15
P/M

Program Includes

- ✓ Junior Gym
- ✓ Junior Circuits
- ✓ £15.00 Monthly
- ✓ £5.00 PAYG

Days/Times



Weekdays 15:30-16:30
Weekends 11:00-12:00
Holidays 11:00-12:00

Local Enrichment

WELCOME SPACE

Hillfields Library

12:15 - 6PM EVERY MONDAY

SUMMERLEAZE, HILLFIELDS, BS16 4HL

Join us every Monday for:

- Free hot drinks
- Information on support services
- After School Homework Club
- FREE food!

A welcoming space to relax, study, work or meet friends.



**Welcome Spaces also at
Hillfields Community Hub
and Vassall Centre**



Wall of Wow!

Y7 Shout outs from Art (Mrs McBride)



Florence



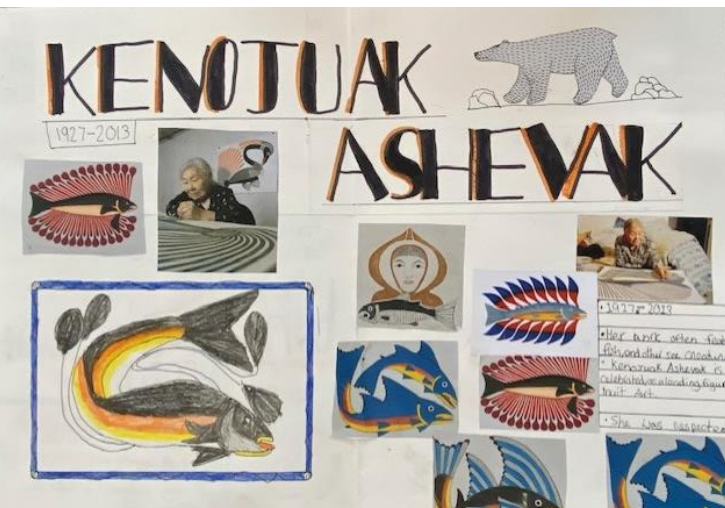
Victoria O

Y7 are continuing the 'Under the Sea' project where they have been investigating Inuit Art.

They are now investigating the art of Kenojuak Ashevak, the most famous Inuit artist.

They will use her work as inspiration for their own print design in Term 6.

Big shout out to all Y7 artists. Here's some that particularly stood out to me!



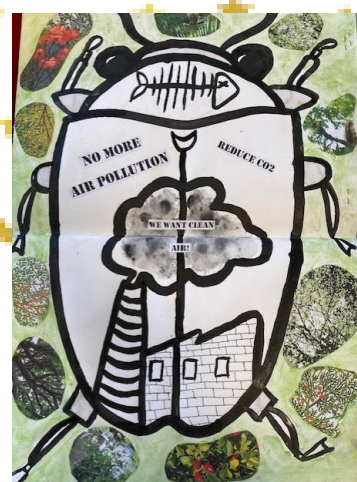
Coco



Zuzanna

Wall of Wow!

Y8 Shout outs from Art (Mrs McBride)



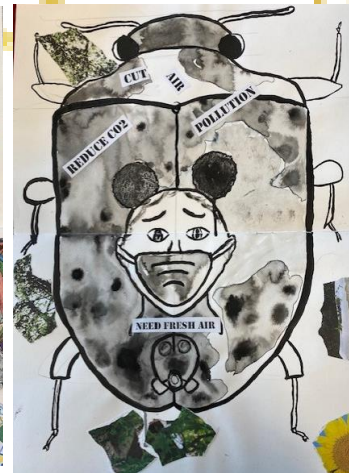
Layla



Millie



Freddie



Tierra



Denis



Anna



Lia



Tye



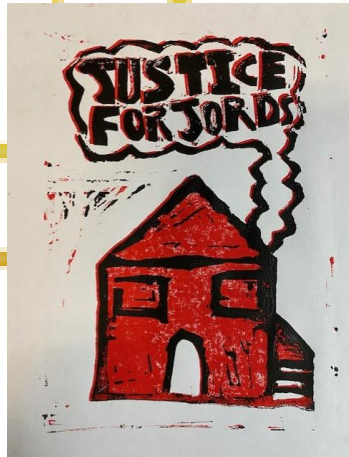
John

Y8 used drawing ink and collage to create These dramatic beetles which raise awareness of the issues of air pollution. This is part of their 'Environment' project.

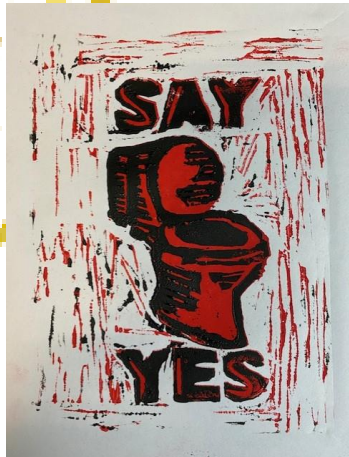
I love the bold drama of these images! Well done Year 8!

Wall of Wow!

Y9 Shout Outs from ART (Mrs McBride)



Gabe



Charlie



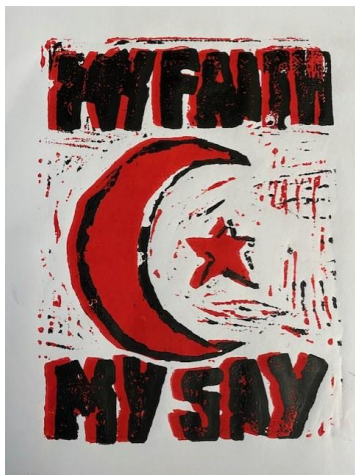
Richelme



George



Mohammad



Nira



Emma



Leighton



Devonte



Jacob

I'm so impressed with these lino cut prints produced by Y9! As part of their 'Protest Art' project, students were asked to identify an issue or a cause and then design and produce a lino cut print which had drama and impact.

Carving lino takes skill and patience and Y9 really exceeded my expectations with this project. Well done!

Wall of Wow!

Y10 Shout outs from Art (Mrs McBride)



Kayleigh



Luca



Laura



Layla

Y10 have made fantastic progress on their artist studies of Wayne Thiebaud's paintings.

They are now using their skills to create a painting based on their own photo of sweets and/or biscuits.

Congratulations to Y10!



Ryan

Wall of Wow!

Y11 Shout outs from Photography (Mrs McBride)



Macy



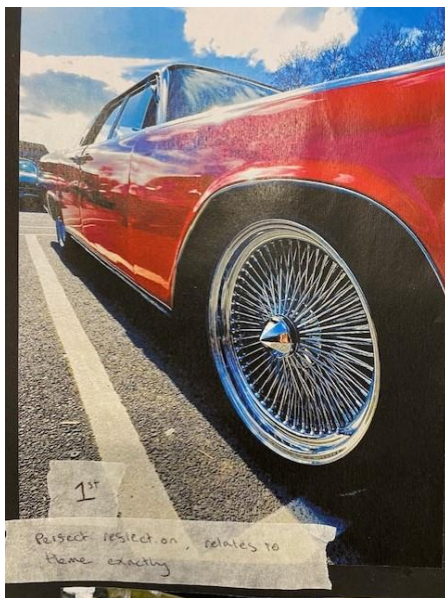
Harry



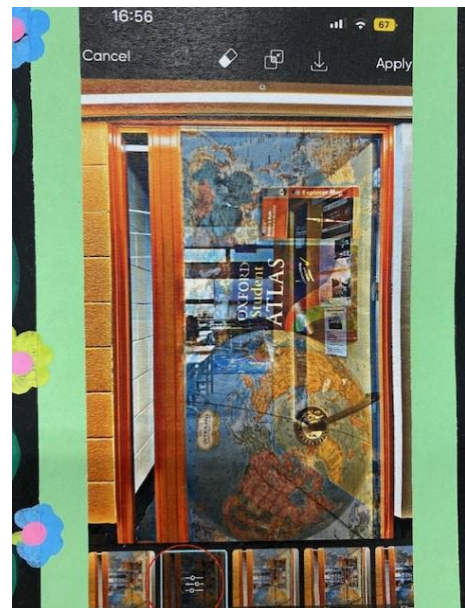
Kayla



Chloe



Jacob



Ana