

# STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,  
25/11, 16/12, 6/1, 27/1



**MON**

**MAINS**

**MEATBALL MARINARA PASTA BAKE**  
topped with Cheesy Garlic Crumbs

**ASPENS LOADED MAC & CHEESE**   
with Spring Onion, Pepper & Garlic

**SIDES**

**CRUNCHY RAINBOW SALAD**



**TUE**

**NASHVILLE BAKED CRISPY CHICKEN BURGER**  
with Ranch Slaw

**CAJUN SPICED BAKED VEGGIE BURGER**   
with Ranch Slaw

**CRISPY BAKED HOME FRIES**



**WED**

**ROAST PORK, STUFFING & APPLE SAUCE**  
with Gravy

Either as a classic roast dinner or loaded into a ½ baguette  
**ROASTED ROOTS FILO STRUDEL**

**SKIN ON ROASTIES CARROTS & BROCCOLI**



**THU**

**GARLIC CHILLI CHICKEN CURRY**

**SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY**

**CARDAMOM RICE & GREEN BEANS**



**FRI**

Choose from:  
**BATTERED FISH SAUSAGE or VEG SAUSAGE**  
(battered or plain)   
**Margherita Pizza**   
**Chicken Nuggets**  
**Chips**

**MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE**

## - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL SALAD**

**CHICKEN CAESAR SALAD**

**FALAFEL & POMEGRANATE COUSCOUS SALAD**

**QUINOA & FETA SUPERFOOD SALAD**

**HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD**

**TIKKA CHICKEN & MINT YOGURT SALAD**

**DESSERTS**

**WARM LEMON DRIZZLE SPONGE**  
with Custard

**BLACK & WHITE SHORTBREAD COOKIE**

**STICKY TOFFEE PUDDING**  
with Toffee Sauce

**FLAPJACK**

**STRAWBERRY TRIFLE POT**

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# STREATERIES LUNCH MENU



WEEK 2  
9/9, 30/9, 21/10, 11/11,  
2/12, 23/12, 13/1, 3/2



**MON**

**CURRYWURST**

in a crusty baguette

**CAULIFLOWER  
SCHNITZEL** V

**POTATO SALAD  
BRAISED CABBAGE**



**TUE**

**PULLED CHICKEN  
TIKKA PIE**

**CHANA MASALA  
STUFFED PIE** V

**CRISPY BOMBAY POTATOES,  
CUMIN ROAST CARROTS &  
PARSNIPS**



**WED**

**BRITISH PORK SAUSAGE  
TOAD IN THE HOLE**  
with Onion Gravy

**QUORN SAUSAGE  
TOAD IN THE HOLE** V  
with Onion Gravy

**SKIN ON GARLIC ROASTIES  
GREEN BEANS**



**THU**

**SMOKED CHILLI BEEF  
OVER RICE**  
with Smashed Nachos, Spring Onion  
& Sour Cream

**VEGGIE BEAN CHILLI  
LOADED NACHOS** V  
with Spring Onion & Sour Cream

**SMOKY  
CORN**



**FRI**

Choose from:  
**BATTERED FISH  
SAUSAGE or VEG SAUSAGE**  
(battered or plain) V  
**Margherita Pizza** V  
**Chicken Nuggets**  
**Chips** V

**MINTY PEAS, BAKED BEANS,  
GRAVY OR CURRY SAUCE** V

**MAINS**

**SIDES**

## - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL  
SALAD**

**CLASSIC NICOISE  
WITH EGG**

**BRIGHT & LIGHT CHICKEN  
PASTA SALAD**

**SUPERFOOD  
GREEN SALAD**

**ASIAN CUCUMBER,  
EDAMAME & NOODLE SALAD**

**JERK CHICKEN &  
PINEAPPLE SALAD**

**DESSERTS**

**APPLE CRUMBLE**  
with Custard

**SHORTBREAD**

**NEW YORK VANILLA  
BAKED CHEESECAKE**

**BROOKIE**

**WARM WHITE  
CHOCOLATE BLONDIE**  
with Custard

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# STREATERIES LUNCH MENU



WEEK 3  
16/9, 7/10, 28/10, 18/11,  
9/12, 30/12, 20/1, 10/2



**MON**

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE LASAGNE V

GARLIC WEDGES  
HOUSE CHOP SALAD



**TUE**

KUNG PAO  
PULLED PORK

BANG BANG  
CAULIFLOWER V

5 SPICE RICE  
& STIR FRIED GREENS



**WED**

CREAMY CHICKEN &  
PUFF PASTRY PIE

SMOKY SWEET POTATO &  
RED PEPPER PIE V

CHIVE MASH  
PEAS, GREEN BEANS  
SAVOY CABBAGE



**THU**

SMOKY ALBONDIGAS  
(Meatballs)

SPANISH VEGETABLE  
TORTILLA V

SPANISH RICE  
TOMATO & GREEN BEAN  
SALAD



**FRI**

Choose from:  
**BATTERED FISH**  
**SAUSAGE or VEG SAUSAGE**  
(battered or plain) V  
**Margherita Pizza** V  
**Chicken Nuggets**  
**Chips** V

MINTY PEAS, BAKED BEANS,  
GRAVY OR CURRY SAUCE V

**MAINS**

**SIDES**

## - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL  
SALAD**

CLASSIC GREEK SALAD  
WITH FETA & OLIVES

SQUASH, ROASTED  
VEGETABLE  
& CHICKPEA SALAD

SMOKY MEXICAN BEAN  
CHOPPED SALAD

CRUNCHY RANCH  
& EGG SALAD

COCONUT CHILLI  
CHICKEN SALAD

**DESSERTS**

APPLE & SYRUP  
SPONGE  
with Custard

CHOCOLATE  
SHORTBREAD

KEY LIME  
CHEESECAKE

CHOCOLATE BANANA  
CAKE  
with Custard

BROWNIE  
with Chocolate Sauce

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO